



Miss Yvonne's SWIM SCHOOL



SUMMER 2015

Join us for camp at Miss Yvonne Swim School this summer in Secaucus for ages 3 and up!

Miss Yvonne Swim School has been teaching young people to swim since it opened in 2002, serving over 200 students each year. Let us teach your child about the benefit of swimming.

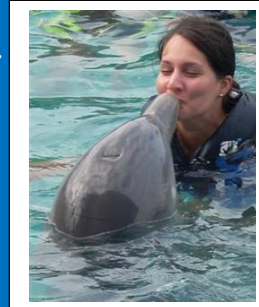


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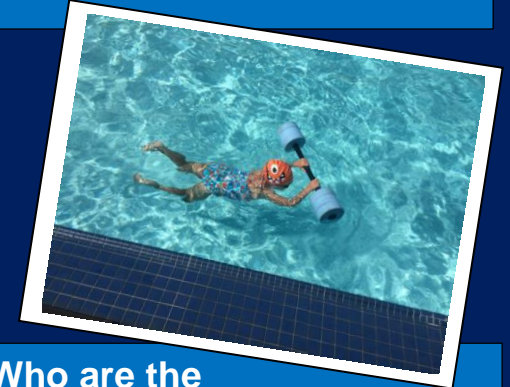
Letter from Miss Yvonne

"After learning to swim at the late age of 15, I became certified as a Water Safety Instructor (American Red Cross WSI certificate) and Lifeguard (American Red Cross CPR, First Aid & AED certificate). Since 2004 I have taught children's swim lessons, and also coached Gators Swim Team. As an undergraduate at Stevens Institute of Technology, I swam on the varsity team. Having completed a Masters in Physical Education in 2013, I am a licensed teacher by the State of NJ. Also, I am a Certified Personal Trainer and Fitness Instructor, which I integrate into class, encouraging children to love exercise by swimming! I am also certified as a Lifeguard Instructor (American Red Cross LGI certificate). After working with camps the past few years, I am very excited about being able to offer my very own summer camp. Hope you will immerse your child in our program that will be led by Teacher Counselors and together we can create summer memories and foundations that will last a lifetime becoming strong, safe, happy, swimmers together!"
Happy Swimming...



What can I expect?

- Swim instruction 2x per day
- Small groups 4:1 ratio
- Swim practice 2x per day
- Practice makes perfect!
- Swimmers are given their own personal equipment to keep
- Weekly progress report

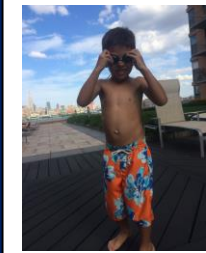


Who are the Teacher Counselors?

- Proud to employ only Teacher Counselors
- TCs are teachers during the school year who are had a zeal for working with children
- All TCs have gone through a detailed hiring process including: a state and federal criminal and background check and a Megan's Law check, reference checks and pre-camp orientation
- Our TCs love working with children and are committed to providing a safe, instructive, fun camp experience, these are our main responsibilities
- Rest assured that your child is being offered plenty of personalized time throughout the day with a mature TC!

Secaucus?

- Secaucus Recreation Center
- **1200 Koelle Blvd, Secaucus**
- 15 minute drive from Hoboken area
- Pools: 4 outdoor and 1 indoor
- Outdoor time: combination of the soccer and baseball fields, wooded area and grassy playing fields and a shaded outdoor area
- Indoor space: basketball court measuring 94 x 50 feet
- Every activity area will have something for the different needs of the specific age level.



Registration?

- Currently open and will remain open until all spaces fill
- Non-refundable \$50 registration fee
- Remaining balance is due on **Fri, May 15th in full**. There will not be refunds after May 15, 2015. Prior to May 15th, we will gladly refund your tuition costs.
- No refunds for children who are not emotionally ready to participate or become ill during the camp. Tuition includes accident insurance, all camp activities, and swim lessons.



TADPOLES

The student will become acclimated to the water, get comfortable putting face in and jumping in with a submerged face/head. Skills like floating, kicking and bubble blowing are also mastered at this level. At this time, beginner-level safety skills are also being introduced.



STARFISH

At this level, "beginners" skills are already mastered. Students are comfortable in the water and will work on propelling themselves independently with good form and rhythmic breathing.



FLOUNDERS

The primary goal at this level is for students to learn to swim freestyle and backstroke for at least 15 yards each. Students will work on retrieving objects from 5'6" below water. With this practice, students are introduced to deep-water swimming and the ability to orientate themselves independently through the water.



SQUIDDIES

All skills introduced in the previous levels are mastered. At this level, students will improve their ability to swim freestyle for 50 yards, as well as improving their backstroke endurance. Entering the pool from a dive will also be introduced.



DOLPHINS

At this level, the endurance in both freestyle and backstroke is improved. Students will also be introduced to breaststroke as well as butterfly.



check out FAQs online for day's schedule

www.missyvonnieswimschool.com