



HOBOKEN HAWKS RFC



*Invites all boys and girls in Hoboken you to join our
Fun & Free "Try Flag Rugby" sessions !*

Who ?

*Any boys and girls aged 6 - 14 years
(1st grade - 8th grade).*

All parents welcome to watch.

When ?

Sundays 12pm - 2pm.

On March 22nd, March 29th.

Where ?

*Hoboken High School JFK Football Field,
Enter: 10th & Jefferson*



- Registration -

To reserve your place today please email Daniel.Guzzino@playrugbyusa.com
or turn up prior to 12pm on the day.

While no formal registration is required for 3/22 & 3/29, guardians will be
required to sign waivers on the day.

Spring Team Practices:

Sunday April 12th - Sunday May 31st (10 weeks)

*Selected teams compete in NYC Rugby Cup,
Saturday June 6th, Randalls Island, NYC.*

Registration

Spring season registration opens online Monday March 2:
<https://camperregsecure.com/playrugby/index.php?page=1>

Thanks to our supporters:

A big thank you to our sponsors Bayonne Bombers RFC and
Chey Banks Properties who are providing financial support and
volunteers, to enable us to offer this program for free to all
students enrolled in Hoboken Public Schools.

Learn more about why you'll love Flag Rugby, on the back of this flyer !

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PROPERTIES

About Flag Rugby and the Hoboken Hawks RFC:

Flag Rugby is something FUN, new and different - a great sport to engage young people in something positive that is physically active and proven to develop important life skills. As rugby is new to most kids, it provides a level playing field for boys and girls alike.

Flag rugby resembles a team game of tag with a ball, where players pull flag belts to replicate a "tackle", so there is zero permissible contact. The rules do not allow contact between players, nor do they allow players to dive or play the ball on the ground. Players are required to keep their feet at all times. The objective of the game is for each team to advance the ball down the field to score a "Try". One big difference between flag rugby and flag football however, is that the ball has to be passed laterally or backward, so in order to advance the ball down the field, players have to run / "go-forward". Only the player with the ball can be tagged and when they are tagged they have 3 steps or 3 seconds to pass the ball to a team mate. Play is continuous. Substitutions are rolling.

Hoboken Hawks RFC (HHRFC) is run by Play Rugby USA who operate the largest rugby-based youth development program in the country. As such, this program will be flag very inclusive and open to children of all backgrounds and athletic abilities. We welcome parents to watch, support or volunteer. In addition to running fun weekend practices, HHRFC will offer travel teams which will have the opportunity to compete in local tournaments during the spring and summer. These tournaments are open to all players but are optional.



About Play Rugby USA:

Play Rugby USA's programs are designed intentionally to increase young people's attachment to their school, community and health, while promoting positive values and behaviors that lead to young people being able to maximize their potential across the aforementioned three areas. We achieve this through school-based after school programs and by running community clubs, such as Hoboken Hawks RFC. In all our programs, the key to success are our professional and passionate "Youth Development Mentors" who develop a positive connection with the kids in the program by coaching them through a series of fun, progressive games and by demonstrating the behaviors of a positive role model.



Learn more here:

Website: www.playrugbyusa.com

Facebook: www.facebook.com/playrugbyusa

Registration (opens March 2): <https://camperregsecure.com/playrugby/index.php?page=1>

Includes Hoboken Hawks RFC Rugby Jersey !