

Save-a-tooth recipe

Findings	Recipe
<p>Tooth fracture: Loss of a piece of tooth</p>	<ul style="list-style-type: none"> • Help your child to rinse out with warm water. • Use a cold cloth or ice pack to reduced swelling • If possible, find the tooth fragment. • Visit your dentist as soon as possible.
<p>Root fracture: a crown fragment attached to the gingiva is mobile.</p>	<ul style="list-style-type: none"> • Help your child to rinse out with cold water. • Keep an ice pack over the lip and mouth to reduce swelling • Visit your dentist as soon as possible.
<p>Concussion: the tooth is tender to touch or tapping without mobility, displacement or bleeding.</p>	
<p>Subluxation: the tooth is tender to touch or tapping and has increased mobility but it is not displaced. Bleeding around the tooth may be noted.</p>	
<p>Intrusive luxation: the tooth appears to be shortened (in severe cases, it may appear missing). It is not mobile or tender to touch.</p>	
<p>Lateral luxation: a tooth is displaced laterally and may be locked firmly into this new position.</p>	<ul style="list-style-type: none"> • Help your child to rinse out with cold water. • Keep an ice pack over the lip and mouth to reduce swelling • Try to reposition the tooth back to its normal position using gentle finger pressure. Gently hold the tooth in position. • Visit your dentist as soon as possible.
<p>Extrusive luxation: the tooth appears elongated and is excessively mobile</p>	<ul style="list-style-type: none"> • Visit your dentist as soon as possible.
<p>Avulsion: the tooth is completely knocked-out of the dental socket.</p>	<p>A baby tooth should never be replanted. Replant an adult tooth as soon as possible.</p> <ul style="list-style-type: none"> • Do not touch the root of the tooth, handle it by the crown only • Rinse the tooth only if there is dirt covering it. Do not scrub or scrape it. • Replant the tooth into the socket slowly with digital pressure and hold it in position. <p>If you are unable to replant the tooth place it in a transportation media such as cold milk, saliva, physiologic saline or water.</p> <p>The tooth should never be allowed to dry which will compromise its survival.</p> <ul style="list-style-type: none"> • Visit your dentist within 60 minutes.